Virtual Coaches Meeting and General Correspondence

Hello Coaches!  we're all excited and gearing up for an eventful and exciting weekend of swimming at the Central Site 10 and Under Championships this weekend!  This email is intended to update and/or remind us all about key items for the meet this weekend.

**Live Stream Link -**we will be Streaming this event for anyone to watch online.  This live stream will also be shown on the screens in our Event Center during the meet for those attending.  there is no cost to view.  To access the live stream follow the below instructions.  This is applicable for both/either day.

Go To:  [twitch.tv](http://twitch.tv/)

Search: CYtorpedoes 2020

**Waivers and Health Assessments**

1. A**Meet Waiver** will have to be filled out by all non-athletes.  i have attached the waiver and if you can, please provide to your parents/others who will be attending the meet.  it will be most efficient to fill out ahead of time and leave at check in desk as you arrive.  **This is not optional.**One Waiver is good for the remainder of the meet..so essentially fill one out for both days.

2. An **Online Health Assessment** will need to be completed each day by all persons attending the meet (including swimmers) prior to entry to the facility.  The following link should be used to access and complete the daily assessment.  We will also be posting the link and QR code at the facility so this can be completed each day of the meet.  This link will not be 'live' until March 6th, but it would be good to communicate. **This is not optional.**

<https://ohioswim.formstack.com/forms/covid_questionnaire>

3. An **entrance screening (temp check/questions)** will be administered upon arrival and entry to the meet.  **This is not optional.**

**Certificate of Insurance -**please prepare and bring them with you to the meet or provide them electronically at your convenience.  i will be collecting them and keeping with meet documentation.  **This is a requirement**

**Pace of Meet -**

To make this championship meet feel and be different, we are incorporating several components that, especially the 10/U, may not be used to.  there will be a couple more breaks in the timeline, but we will also have **a DJ doing 'walkout music'**during the time that swimmers are entering the pool area and preparing for their race.  In addition, we will be **announcing the swimmers lanes/names prior to their swim.**We are only having one heat on the pool deck at a time, so these things will help to fill in the time. **you may want to prepare your swimmers and let them know about this in advance.**

Some other General Topics/Reminders (that i hope we're all familiar with but....)

**Age of Swimmer** - is their age on the first day of meet (March 6)

**Tech Suit Usage -**12 and under swimmers (so all swimmers at this meet) are only allowed to use approved tech suits... approved tech suits are listed on the USA swimming website at...

<https://www.usaswimming.org/docs/default-source/rules-regulations/tech-suit-restrictions/12-under-approved-suits-2-18-21.pdf>

**Taping** - taping is not permitted unless for wound closure/protection, 'buddy taping' of no more than two fingers or toes, or taping of medical device, etc.  please see referee prior to meet beginning with any questions.  This is a championship meet, so we will be abiding by the stricter interpretation of this.

**Only certified and registered YMCA coaches** will be permitted entry to championship meets, including this one...so please address prior to coming to the meet.  we are anticipating having a list provided by the league and will not allow coaches on deck if they are not on the list.

**Disabled Swimmers** - any accommodations for sight or hearing impairment, or other?

**Any other considerations/concerns for any swimmers?**

This is a lot of information and hopefully communicating leading up to the meet will enable this weekend to run smoothly.  if there are any other questions, or areas not addressed, please let Jason Roberts or I know.

**Chris Luckett**

**Central Site Meet Director**

**jcluckett2010@gmail.com**