

2020 GMVY Lisa French Memorial Invitational

MEET ANNOUNCEMENT

About the Invitational Meet

Date: January 24-26, 2020

Location: Middletown Area Family YMCA

Entry Deadline: January 15, 2020

Hosted by: Great Miami Valley YMCA Wahoos

Meet Director: Christy Burke ac.burke.family@gmail.com

Web Site: gmvywahoos.org

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ABOUT THE INVITATIONAL MEET

This meet is a closed, inter-association YMCA Invitational meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules will be followed.

ADJUSTMENTS TO THE MEET ANNOUNCEMENTS: The Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible.

MEET TIMELINE: Warm-up and start times for all sessions are subject to change depending on the size of the meet

Friday PM:	Warm-ups: 5:00pm	Meet Starts 6:00pm
Saturday & Sunday AM (11&O):	Warm-ups: 6:00am	Meet Starts 8:10am
Saturday & Sunday PM (10&U):	Warm-ups: TBA	Meet Starts TBA

A warm-up lane schedule will be posted on the website by Wednesday, January 22.

INCLEMENT WEATHER/CANCELTATION: This is a winter meet and Great Miami Valley YMCA has no control over the weather. If events or sessions are cancelled or shortened due to weather issues out of our control we will notify teams in advance. The Great Miami Valley YMCA will have swimmer safety as its first concern and will make all decisions regarding the handling of any weather related issues.

LOCATION AND FACILITY

Location: Middletown Area Family YMCA, 1020 Manchester Rd, Middletown, OH 45044

Emergency Phone Number: 513-422-9622



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The Middletown Area Family YMCA is configured as a 6 lane, 25 yard course. Water depth at start is 5 feet and at turn end is 3.5 feet. A Colorado electronic timing system will be used.

Bleachers will be available for spectators on the pool deck. In addition, a glass enclosed pool viewing area is available.

Team seating areas will be available in the adjacent gymnasium.

Entry to the pool area will be via the rear stairwell only for all swimmers and spectators. There will be NO ENTRY from the front pool doors. They will be exit only and must be kept clear at all times.

Locker rooms are available. Swimmers must bring their own locks.

A clerk of course will be offered for all 8 and under swimmers. It will be located downstairs. The entrance stairwell is located in the gymnasium.

WEB SITE

Meet Information can be found at: gmvywahoos.org

Online Meet Results: Will be posted to Meet Mobile as '2020 GMVY Lisa French Memorial'

CONTACT INFORMATION

Meet Director: Christy Burke ac.burke.family@gmail.com

Entry Chairperson: Stephanie Faries faries.stephanie@gmail.com

Meet Referee: Joe Puthoff jnjputhoff@gmail.com

Administrative Official: gmvywahoos.swim@gmail.com

ELIGIBILITY

ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the first day of the meet.

Amateur Status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.



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Unattached Athletes: There is no “unattached” status in YMCA Swimming.

Times: There are no time standards for this meet

Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition.

COACH

Teams without A Coach at the Meet: All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

TEAM

Team Registration: Each team must have completed the annual YMCA on-line team registration and paid the annual registration fee prior to the entry deadline.

Insurance: Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.

ENTRY INFORMATION

ENTRY LIMITS: A swimmer may enter up to 5 events per session including relays.

ENTRY FEES: Individual event entry fee: \$5.00. Relay fee: \$20.00.

Deck entries will be allowed to fill empty lanes only. No new heats will be added.

Deck entry fees: Individual event: \$8.00. Relay fee: \$30.00. Deck entry fees must be paid in cash prior to the race.

Deck entries close 40 minutes prior to the start of each session.

ENTRY DEADLINE: January 15, 2020

ENTRY PROCEDURE: Entries should be emailed to the entry chairperson.



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PAYMENT: Checks should be made payable to **GMVYMCA Wahoos Swim Team**. Payment is due on or before the first day of the meet.

VOLUNTEERS/OFFICIALS/TIMERS

OFFICIALS AND TIMERS: Visiting Officials are cordially invited to participate. Contact Joe Puthoff jnputhoff@gmail.com with any questions

ATTIRE: White shirts and Navy bottoms.

CHECK-IN PROCEDURE

MEET CHECK-IN PROCEDURE: Coaches should check in with the Administrative Official to get copies of their heat sheets.

SWIMMER CHECK-IN: There will be positive check-in for the 1000 and 1650. Please check-in with the Administrative Official.

OFFICIALS AND TIMERS MEETING: Timers meetings will begin approximately 30 minutes prior to meet start in the shower room off the pool deck. Officials meetings will begin approximately 20 minutes prior to the meet start in the hospitality room.

MEET PROCEDURES AND OPERATIONS

MEET COMMITTEE: The Committee will consist of the Meet Director, Meet Referee.

RULES: The meet will run under Rules That Govern YMCA Competitive Sports, Swimming Addendum to the Rules That Govern YMCA Competitive Sports, Southwest Ohio YMCA Swim League, USA-S Technical Rules.

MEET FORMAT: The meet will be swum using a Timed finals format. Swimmer's age will be determined as of December 1, 2019.

EVENT SEEDING: Events will be seeded Slowest to Fastest. The 1000 and 1650 Freestyle may be seeded Fastest to Slowest. The Meet Referee/Administrative Official reserve the right to combine heats.

NO SHOW: An athlete who is seeded in an event and fails to compete (i.e., a "no show") will be allowed to swim in an open lane if one is available. No new heats will be created unless the fault of meet personnel.

WARM-UP SAFETY PROCEDURES: Teams will be assigned lanes for warm-ups.



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Coaches are responsible for the safety of their athletes and are expected to monitor them at all times during warm up sessions.

STARTS: 'Fly-over' starts will be used at this meet for 11&O events. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

RESULTS: Any results displayed on the scoreboard are unofficial until final results are published. Results will be posted on the glass outside the team area and to Meet Mobile. Final results will be emailed to each team and posted to the gmvywahoos.org website.

PROTEST PROCEDURE: Protests may only be initiated by a person with standing, that is, a coach or YMCA supervisor whose team is competing in the meet. The Meet Committee will arbitrate protests, eligibility issues, safety rules and other issues

Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referee's decisions will be final USA-S Rule 102.23).

CONDUCT AND RESTRICTIONS: The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct

- Except where the venue facilities require otherwise, changing, into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. The USA Swimming Rulebook defines Deck Change as: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity." This includes slipping off the top of a one-piece performance suit to place on an alternate bikini top immediately following a race.
- Glass and Chairs are not permitted on deck.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photographs are not allowed to be taken behind the block during competition.
- Massage tables are not permitted.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.



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AWARDS AND RECOGNITION

SCORING: Awards will be given for places 1-6 individually and 1-3 for relays. Scoring will be as follows:

Individual events: 16-13-12-11-10-9-7-5-4-3-2-1

Relay events: 32-26-24-22-20-18-14-10-8-6-4-2

AWARDS: High Point Trophies will be awarded as follows: Girls & Boys for 6&U, 8&U, 9-10, 11-12

SPECTATORS

ADMISSION FEE: There is NO admission fee.

HEAT SHEETS/PROGRAMS: Heat sheets will be available for \$5 for the morning or afternoon sessions.

CONCESSION STAND: Full concessions will be available. A variety of food, both hot and cold, will be for sale.

ATHLETE APPAREL: Swimville will be available on Saturday for your swimwear needs.

LOST AND FOUND: Is available at the Welcome Desk.

CONDUCT AND RESTRICTIONS:

- No Flash Photography at the start of competition races.
- No personal chairs are allowed in the spectator area
- Parents are responsible for the conduct of their children. Children are not allowed to roam the facility unattended.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- No smoking, drugs, or alcohol are permitted in the swimming complex.
- The track, fitness center, and exercise studios are closed to swim team participants and spectators. During a portion of the swim meet, those areas will be open to members.
- Please follow all posted signs, be respectful of members and of the YMCA staff.

LIABILITY, SAFETY AND EMERGENCY PROCEDURES

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in



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attendance for the period of the meet. The Declaration Form must be signed by each YMCA participating in the meet.

EMERGENCIES: The facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

CONCUSSION AWARENESS: This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines that the athlete is symptom-free and is OK to return to participation.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.



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APPENDIX 1: ORDER OF EVENTS

Friday PM Session		
Women	Event	Men
101	11-12 200IM	102
103	400 IM	104
105	11-12 500 Freestyle	106
107	500 Freestyle	108

Saturday AM Session		
Women	Event	Men
201	11-12 100IM	202
203	200 IM	204
205	11-12 50 Freestyle	206
207	50 Freestyle	208
209	200 Butterfly	210
211	11-12 50 Backstroke	212
213	100 Backstroke	214
215	200 Breaststroke	216
217	11-12 200 Freestyle Relay	218
219	200 Freestyle Relay	220
	5 minute break	
221	1650 Freestyle	222

Saturday PM Session		
Women	Event	Men
223	8 & Under 100 Freestyle	224
225	10 & Under 200 Freestyle	226
227	8 & Under 50 Backstroke	228
229	6 & Under 25 Backstroke	230
231	8 & Under 25 Backstroke	232
233	10 & Under 50 Backstroke	234
235	8 & Under 25 Butterfly	236
	5 minute break	
237	8 & Under 50 Butterfly	238
239	10 & Under 50 Butterfly	240
241	8 & Under 25 Freestyle	242
243	10 & Under 50 Freestyle	244
245	8 & Under 100 Freestyle Relay	246
247	10 & Under 200 Freestyle Relay	248

Sunday AM Session		
Women	Event	Men
301	11-12 200 Freestyle	302
303	200 Freestyle	304
305	11-12 50 Butterfly	306
307	100 Butterfly	308
309	11-12 100 Freestyle	310
311	100 Freestyle	312
313	200 Backstroke	314
315	11-12 50 Backstroke	316
317	100 Breaststroke	318
319	11-12 200 Medley Relay	320
321	200 Medley Relay	322
	5 minute break	
323	1000 Freestyle	324

Sunday PM Session		
Women	Event	Men
325	8 & Under 100 IM	326
327	10 & Under 100 IM	328
329	8 & Under 50 Breaststroke	330
331	6 & Under 25 Freestyle	332
333	8 & Under 50 Freestyle	334
335	10 & Under 100 Freestyle	336
337	8 & Under 25 Breaststroke	338
339	10 & Under 50 Breaststroke	340
341	8 & Under 100 Medley Relay	342
343	10 & Under 200 Medley Relay	344



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