



**2020 PCY National Virtual Meet**  
**October 23 & 24, 2020**  
**Held under the approval of USA Swimming**  
**Approval #: OH-21SC-[xx]**

**Hosted by**  
**Powel Crosley Jr.**  
**YMCA**

<b>Location:</b>	Powel Crosley Jr. YMCA 9601 Winton Road Cincinnati, Ohio 45231 (513) 521-7112
<b>Facility:</b>	The Powel Crosley Jr. YMCA Pool is configured as a 21 lane, 25-yard course with 10 lanes used for competition. Water depth at start is 7-11 feet (minimum 5 feet required) and the same at the turn end. Colorado electronic timing system will be used along with a digital Colorado scoreboard. The competition course has been certified in accordance with 104.2.2C (4)
<b>Meet Director:</b>	Jon Saxton 2049 Berkshire club Drive Cincinnati OH 45230 513-518-5153
<b>Meet Referee:</b>	Steve Connock
<b>Officials Contact for the Meet:</b>	Steve Connock <a href="mailto:sconnock3@gmail.com">sconnock3@gmail.com</a> 513-633-3860
<b>Entry Chair:</b>	Claudia Multer <a href="mailto:Claudia.multer@gmail.com">Claudia.multer@gmail.com</a> 513-863-6298
<b>COVID Compliance Officer for Meet</b>	Steve Connock <a href="mailto:sconnock3@gmail.com">sconnock3@gmail.com</a> 513-633-3860
<b>Approval:</b>	In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during conduct of the event.
<b>Meet Type: Closed YMCA</b>	This meet is a closed (YMCA teams only) invitational meet open to all YMCA registered swim teams within the Southwest Ohio YMCA Swim League. Competition will be hosted at Powel Crosley YMCA. Safety protocols do not allow for multi-team swimming at Powel Crosley YMCA; Therefore, the meet will be run as a virtual meet. Compete at your own pool and submit results to be combined into a virtual meet. Please indicate your intention to participate by notifying Mike Leonard and Claudia Multer by Friday, October 23, 2020
<b>Meet Type: Virtual</b>	Virtual Meet: - Sections of the meet will be run at various YMCA's. Results of this meet will be submitted to the National YMCA Virtual Meet. For this reason, the age of the swimmer will be their age on October 16, 2020 Powel Crosley will be the host team. The host team is responsible for ensuring all the requirements for sanctioning an OSI meet are met and will merge the meet after each team has completed the meet for results tabulation. Teams participating in this meet must be able to run a full meet at their pool. This includes providing their own officials, volunteers and equipment needed to run the meet at their pool. Teams will comply with the current state, local, health and USA Swimming guidelines available on the meet date and should meet or exceed all requirements in their facility during the meet. It is not the host team's responsibility to ensure each team is following the state, local, health and USA Swimming guidelines. Powel Crosley will share a venue with Blue Ash YMCA with a limited number of swimmers not to exceed the facility capacity listed in this meet announcement.
<b>Sessions:</b>	2 sessions hosted Friday and Saturday, October 23 & 24 at Powel Crosley Other facilities may swim on other days. A meet backup must be emailed to <a href="mailto:claudia.multer@gmail.com">claudia.multer@gmail.com</a> by Monday, November 2

## Disclaimers

Powel Crosley Jr. has taken enhanced health and safety measures for you, our other guests, volunteers, and our athletes. Everyone must follow all posted instructions while attending this meet.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless USA Swimming and Ohio Swimming and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection herewith.

## Organization Regulations/Waivers

<b>USA Swimming Rules</b>	<ul style="list-style-type: none"><li>• At an approved competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.</li><li>• Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li><li>• The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</li><li>• Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices.</li><li>• Deck changes are prohibited.</li><li>• Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li><li>• Flash photography is not permitted at the start of any race.</li><li>• All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li></ul>
<b>Technical Suit Ban</b>	Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. A Technical Suit is one that has the following components: <ul style="list-style-type: none"><li>• Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or</li><li>• Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.</li></ul>
<b>Ohio State Laws that are applicable to Ohio Swimming sanctioned events</b>	<ul style="list-style-type: none"><li>• Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at <a href="http://www.swimohio.com">www.swimohio.com</a> under Safe Sport&gt;Concussion.</li><li>• There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.</li></ul>
<b>COVID-19 Information</b>	<ul style="list-style-type: none"><li>• Avoid getting closer than six (6) feet to anyone coughing or sneezing.</li><li>• Wash your hands frequently with soap and water for 20 seconds or use hand sanitizer that has 60-95% alcohol.</li><li>• Avoid touching your eyes, nose, and mouth.</li><li>• Cover your mouth with a tissue or your elbow if you cough or sneeze. Throw the tissue in the trash then wash your hands.</li><li>• Stay home if you are sick, and away from the pool and from fellow team members.</li><li>• FACE COVERINGS: All meet participants – coaches, officials, administrators, spectators, vendors, and athletes (between events) must wear face coverings and comply with mandated social distancing and mass gathering rules.</li></ul>

Organization Regulations/Waivers	
Waiver/Release	<ul style="list-style-type: none"> <li>By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.</li> <li>All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.</li> </ul>

Entering the Meet	
Eligibility:	<p>To be eligible to swim in this meet, a swimmer must belong to your YMCA 30 days prior to the meet. This meet is open to swimmers ages 8 &amp; under, 9-10, 11-12, 13-14 and 15 and older. Age will be determined by the first day of the meet – October 16, 2020</p> <ul style="list-style-type: none"> <li>All swimmers must meet all YUSA Competitive Sports Eligibility Standards</li> </ul>
Disability Swimmers:	<ul style="list-style-type: none"> <li>Ohio Swimming welcomes swimmers with a disability.</li> <li>Entry Procedures: <ol style="list-style-type: none"> <li>Enter the USA-S swimmers with a disability electronically or on the paper entry form.</li> <li>Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations.</li> <li>List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions.</li> </ol> </li> <li>Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats.</li> <li>See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).</li> </ul>
Entry Limits Entry Fees:	<ul style="list-style-type: none"> <li>Swimmers may swim a maximum of 4 individual events in the meet.</li> <li>Powel Crosley Jr. swimmers will pay \$3 per individual event. Those competing at other sites will pay \$3 per Swimmer to Powel Crosley Tigersharks</li> </ul>
Entry Procedures	<ul style="list-style-type: none"> <li>Deadline for receipt of entries for PCY is October 21, 2020 Send entries via email to: claudia.multer@gmail.com</li> <li>Please include the names of any Outreach swimmers in the email.</li> <li>Checks should be made payable to Powel Crosley Jr. Tigersharks</li> <li>"No Time" (NT) entries will be accepted.</li> <li>The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.</li> </ul>
Warm-up and Safety Guidelines:	<ul style="list-style-type: none"> <li>The meet host will provide a complete schedule of warm-up procedures for their pool. They will include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet.</li> <li>Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees).</li> <li>Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck.</li> <li>Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet.</li> <li>No spectators allowed on deck.</li> </ul>
Competition Guidelines:	<ul style="list-style-type: none"> <li>This meet will be a timed final meet.</li> <li>This meet will be contested in SCY.</li> <li>This meet will be pre-seeded. No deck entries will be accepted at the meet.</li> </ul>
Awards:	<ul style="list-style-type: none"> <li>There will be no awards at this meet.</li> <li>Results will not be posted during the meet.</li> </ul>
General:	There will be no hospitality, concession, or heat sheets. For spectators. Heat sheets will be available on Meet Mobile.

Facility Information	
Locker Rooms / Changing	Athletes must arrive and depart in their suits. Locker rooms are for restroom use only and must not be used for changing or showering. Deck changing is prohibited. Restrooms will be monitored by Safety Marshals.
Facility Capacity	Indicate the planned number of individuals gathering in areas (pool, deck, spectator seating). (Examples): Due to the current COVID-19 environment and limited pool deck space at Powel Crosley Jr. YMCA., Powel Crosley Jr.] is strongly discouraging spectators at this time, however, there are many volunteer roles that will be required. We will continuously monitor the evolving guidelines pertaining to group size as it relates to COVID-19 and guidelines from various local and state agencies. Total Capacity on deck 140 The number of spectators will be determined after entries are received.

COVID Procedures / Information	
Specific COVID Protocols for this Meet	<p>Powel Crosley Jr. staff will help monitor the number of people on the pool deck throughout the meet and help direct traffic from the entrance to the pool area and then to the exit upon the conclusion of the meet.</p> <p><u>Mask/Cloth Face Covering Wearing Requirements:</u> Masks/cloth face coverings will be mandatory for all participants. Participants are defined as swimmers, coaches, officials, volunteers, and all other applicable adults as defined by MAAPP. Everyone must wear a mask/face covering for the duration of the meet. Swimmers only have an exception during the swim cycle. The 'swim cycle' is defined as the time period beginning with the swimmer being called for their warmup or race until their warmup/race/cool down has ended. Swimmers must wear their mask/cloth face covering when not swimming.</p>
Entry and Exit Procedures and Health Screening	<p>Ingress into the facility must include health screening questions and should include temperature screening either at the facility or prior to arrival, no person shall be admitted with a temperature over 99.5F or in accordance with CDC, or local health department recommendations.</p> <p>Volunteers, coaches, officials, and athletes will be required to wear a mask at all times while inside the building. All volunteers, coaches, officials, and athletes will be required to answer health questions take a temperature screening which will happen at the entrance to the YMCA] before they enter the pool area. Safety Marshal will be responsible for monitoring all safety procedures.</p>
Athlete Seating Areas	Powel Crosley has ample bleacher seating for swimmers and spectators.
Swimmer Limitations and Protocols	<p>Locker rooms are not available for changing before or after the meet.</p> <p>When not in the water, athletes are expected to wear a mask at all times, including when walking to and from an event and/or warm-up lanes. Masks may be removed masks for swimming but must put them on again once they exit the water. Athletes are expected to maintain proper distancing at all times.</p>
Spectator Limitations and Protocols	<p>Safety Marshal will have primary responsibility for maintaining guidelines.</p> <p>There are no restroom facilities available for spectators.</p> <p><b>THESE PROTOCOLS WILL BE ADHERED TO OR YOU WILL BE DISQUALIFIED FROM THE COMPETITION.</b></p> <p>Spectators/Parents are required to wear a face covering at all times while attending, observing or meeting with their athletes at the meet whether inside the facility, in any adjacent viewing/gathering areas provided by the [Host Club] or meeting with their swimmer in a designated facility location and are expected to comply with all mandated state/local/facility COVID-19 guidelines.</p>
Parental Access and Safe Sport Considerations for Athletes	<p>The Meet Safety Marshal as well as the Powel Crosley Jr. Safe Sport/COVID Coordinator will provide oversight for this.</p> <p>Should a parent need to access a child who is on deck, the child will be brought to the parent at the pool door or in case of emergency, the parent may be escorted to the child.</p> <p>Powel Crosley Jr. will encourage parents to volunteer during the swim meet to reduce the number of people in the facility. Powel Crosley Jr. will provide a live stream so parents will have access to and/or opportunity to observe their swimmer.</p>

<b>Order of events</b>	<p><b>Session 1 – 15 and over –</b> 101 &amp; 102 15 and over 200 IM 103 &amp; 104 15 and over 100 Freestyle 105 &amp; 106 15 and over 100 Backstroke 107 &amp; 108 15 and over 100 Breaststroke 109 &amp; 110 15 and over 100 Butterfly</p> <p><b>Session 2 – 11-14 – events scored by age group 11-12 and 13-14</b> 201 &amp; 202 11-14 200 IM 203 &amp; 204 11-14 100 Freestyle 205 &amp; 206 11-14 50 Freestyle 207 &amp; 208 11-14 100 Backstroke 209 &amp; 210 11-14 50 Backstroke 211 &amp; 212 11-14 100 Breaststroke 213 &amp; 214 11-14 50 Breaststroke 215 &amp; 216 11-14 100 Butterfly 217 &amp; 218 11-14 50 Butterfly</p> <p><b>Session 3 – 10 a – events scored by age group 8 &amp; under and 9-10</b> 251 &amp; 252 10 &amp; under 200 IM 253 &amp; 254 10 &amp; under 50 Freestyle 255 7 256 8 &amp; under 25 Freestyle 257 &amp; 258 10 &amp; under 50 Backstroke 259 &amp; 260 8 &amp; under 25 Backstroke 261 &amp; 262 10 &amp; under 50 Breaststroke 263 &amp; 264 8 &amp; under 25 Breaststroke 265 &amp; 266 10 &amp; under 50 Butterfly 267 &amp; 268 8 &amp; under 25 Butterfly</p> <p><b>You may change the order of events, but you may not change the event numbers</b> Send a backup of your meet <a href="mailto:claudia.multer@gmail.com">claudia.multer@gmail.com</a> by November 1, 2020</p>
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## For posting at the Meet Facility and/or added to Heat Sheets

[Club Name] has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. Everyone must follow all posted instructions while attending this meet

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