



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

APPROVED CERTIFICATIONS FOR YMCA OF THE USA AQUATICS PROGRAMS (6/14/2018)

BASIC LIFE SUPPORT (BLS)

The YMCA of the USA recognizes the following basic-level certifications as meeting the Basic Life Support (Professional Rescuer CPR) certification requirement (**Note:** Although some training agencies CPR certifications have a validity of two years, Y-USA only recognizes the first year of a two-year certification):

American Heart Association

BLS for Healthcare Providers

American Red Cross

Basic Life Support for Health Care Providers
CPR/AED for Professional Rescuers and Health Care Providers
Lifeguarding/First Aid/CPR/AED

American Safety and Health Institute (ASHI)

Basic Life Support

Ellis and Associates

Health Care Provider Basic Life Support

Note: Basic Life Support as part of Ellis & Associates Lifeguard certification is not approved.

National Safety Council

Basic Life Support for Health Care & Professional Rescuers

EMERGENCY OXYGEN

The YMCA of the USA recognizes basic-level certifications from the following training agencies as meeting the Emergency Oxygen requirement:

American Red Cross

Administering Emergency Oxygen
Emergency Medical Response

American Safety and Health Institute (ASHI)

Emergency Oxygen
Emergency Medical Response

National Safety Council

Emergency Medical Response

EMTs/Nurses/Physicians

Individuals who are either emergency medical technicians (EMT) or registered nurses (RN) should present to their regional representative a copy of their current license or state certification plus documentation of official course criteria.

FIRST AID

The YMCA of the USA recognizes basic-level certifications from the following training agencies as meeting the First Aid requirement:

American Heart Association

Heartsaver First Aid

American Red Cross

First Aid

Responding to Emergencies Adult First Aid/CPR/AED

Responding to Emergencies Adult and Pediatric First Aid/CPR/AED

Emergency Medical Response

American Safety and Health Institute (ASHI)

Basic First Aid

Advanced First Aid

Emergency Medical Response

Ellis & Associates

Standard First Aid with written exam (Certificate must indicate "This certifies that the individual named below has successfully completed the knowledge (including written exam) and skill requirements for this course.")

National Safety Council

First Aid

Advanced First Aid

Emergency Medical Response

National Ski Patrol

Outdoor Emergency Care Program

EMTs/Nurses/Physicians

Individuals who are either emergency medical technicians (EMT) or registered nurses (RN) should present to their regional representative a copy of their current license or state certification plus documentation of official course criteria.