



Thank you for your interest in Flashes Aquatics! This packet includes information regarding fees, registration, and other details.

Packet information includes:

- Fees and Payments
- Team Suits and Equipment
- Practice Times
- Volunteer Requirements
- Fall / Winter Meet Schedule
- Online Payments
- Required Documents
- FAQ's

Fees and Payments

Payments:

- All membership rates are for the year (September 2021 – July 2021)
- All payments are made through the family's Team Unify account (established at registration). Payments are electronically made on the first of each month from the card on file.
- Registration fees do not include team suits or equipment.

Annual Registration Fees:

- Annual registration fees are non-refundable and are charged at the time of registration.
- All swimmers are required to be USA Swimming Members for insurance purposes. (Billed at the time of registration. The registration is good through 2022) \$83/year USA Membership per Swimmer. The USA Swimming registration fees are determined by USA Swimming at the start of each year and are paid by Flashes Aquatics directly to USA Swimming.
- An annual team fee is paid at the time of registration. The team fee assists with facility fees, team caps and additional team expenses that arise throughout the year.

Group	Annual Club Team Fees	Annual USA Swimming Registration	First Month's Dues Paid at Registration**	Total Due at Registration
Flashes				
Flashes 1	\$150.00	\$83.00	\$145.00	\$378.00
Flashes 2	\$150.00	\$83.00	\$135.00	\$368.00
11-14 Age Group*				
Developmental	\$125.00	\$83.00	\$95.00	\$303.00
Novice	\$175.00	\$83.00	\$110.00	\$368.00
Racer	\$175.00	\$83.00	\$120.00	\$378.00
Elite	\$175.00	\$83.00	\$130.00	\$388.00
10&Under Age Group				
Developmental	\$125.00	\$83.00	\$85.00	\$293.00
Novice	\$175.00	\$83.00	\$100.00	\$358.00
Racer	\$175.00	\$83.00	\$110.00	\$368.00
Elite	\$175.00	\$83.00	\$120.00	\$378.00

**14-year-old swimmers attending Franklin Township High School will practice with one of the Flashes groups.*

***Ongoing monthly dues will be billed beginning the month after registration.*

Group Level Monthly Dues:

- Monthly dues are billed at the first of the month beginning after registration and vary based on the athlete's group level.
- Meet fees are also billed automatically at the first of each month (see below for additional information on meet fees).
- Registration/Monthly fees do not include the costs of swim meets, see below for additional information regarding meet fees.
- Registration dues listed are applicable to those registering at the start of the year (September 2021). (Those joining after that time are not offered a pro-rated monthly fee at registration for the month in which they join.)
- March and August fees for swimmers in Championship meets vary based on the meet your swimmer is attending.

Group	Ongoing Monthly Dues
Flashes	
Flashes 1	\$145.00
Flashes 2	\$135.00
11-14 Age Group	
Developmental	\$95.00
Novice	\$110.00
Racer	\$120.00
Elite	\$130.00
10&Under Age Group	
Developmental	\$85.00
Novice	\$100.00
Racer	\$110.00
Elite	\$120.00

The Flashes Aquatics Board of Directors determines membership rates at the start of each year. Flashes Aquatics strives to make the club program affordable for all families while maintaining a positive cash flow to support operational expenses. Flashes Aquatics reserves the right to change membership rates/fees at any time in efforts to financially sustain the club program.

Meet Fees:

- Swimmers are responsible for paying all entry fees for meets in which they enter. Flashes Aquatics pays the meet fees in advance of the meet. If a swimmer is not able to participate in the meet for any reason, you will be obligated to cover the meet fees.
- Host clubs are not required to refund fees for cancellation of sessions due to uncontrollable circumstances such as inclement weather.
- Meet fees may vary depending on the type of competition and the number of events entered. They typically range from \$25 for a single day participation to \$45 per meet.
- Meet fees are billed to families at the time of individual meet signups.
- Swimmers qualifying for Divisional, State or other championship meets will pay fees of \$50-\$150 for the month of March and August depending on what meet(s) they qualify for (regardless of Roster Group). This will cover any practices and coaching staff for the meets. Additional Travel Fees may apply (see Travel Policy).
- All account balances must be current to participate in championship meets.
- Additional information regarding swim meets can be found here:
<https://www.teamunify.com/team/zzfa/page/for-parents-landing-page/swim-meets-101>

Multi-Athlete Discount:

- Families with multiple athletes will receive a 10% discount per athlete from the monthly dues. (Discount applies to monthly dues only.)

High School Swimming:

- Swimmers participating in the Franklin Central High School swim team pay the normal Roster Group fee through October, at which time they will be moved to the High School billing group and billed at a reduced monthly rate of \$40 per month for Dec, Nov, Jan & Feb. (This rate secures their spot on the team and maintains their eligibility for championship meets when applicable).
- Swimmers are responsible for the team fee and USA fees with their Flashes Aquatics registration.
- Championship fees will apply for participating athletes.
- Swimmers joining the club program after November (i.e., swimmers joining in February/March to participate in club championship meets) will **pay the required registration fees as stated and an additional one-time administrative fee of \$75** for late registration processing and proof of time verification.

Middle School Swimming: (new updates for 2021-2022)

- Swimmers participating in the Franklin Township Middle School swim team pay the normal Roster Group monthly fee throughout the Middle School season and while they will compete in the MS meets, they will continue to practice with their respective groups
- Middle School swimmers are responsible for the team and USA fees with their Flashes Aquatics registration.
- Championship fees will apply for participating athletes.

Practice Times

Practice times are subject to change based on registrations as well as the high school and middle school swim schedules, when in season. Swimmers who are 14-year-old, attending Franklin Township High School will be practice with one of the Flashes groups.

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Flashes						
Flashes 1	2:30p - 4:30p	5:30a - 7:00a* 2:30p - 4:30p	5:30a - 7:00a** 2:30p - 4:30p	5:30a - 7:00a* 2:30p - 4:30p	2:30p - 4:30p	7:00a - 9:00a
Flashes 2	2:30p - 4:30p	5:30a - 7:00a* 2:30p - 4:30p	2:30p - 4:30p	5:30a - 7:00a* 2:30p - 4:30p	2:30p - 4:30p	
11-14 Age Group						
Developmental	5:15p - 6:15p	5:15p - 6:15p	5:15p - 6:15p	5:15p - 6:15p		
Novice	5:00p - 6:15p	5:00p - 6:15p	5:00p - 6:15p	5:00p - 6:15p		
Racer	4:45p - 6:15p	4:45p - 6:15p	4:45p - 6:15p	4:45p - 6:15p	4:45p - 6:15p	9:15a - 11:00a
Elite	4:30p - 6:15p	4:30p - 6:15p	5:30a - 7:00a** 4:30p - 6:15p	4:30p - 6:15p	4:30p - 6:15p	9:15a - 11:00a
10&Under Age Group						
Developmental	6:15p - 7:00p	6:15p - 7:00p	6:15p - 7:00p	6:15p - 7:00p		
Novice	6:15p - 7:30p	6:15p - 7:30p	6:15p - 7:30p	6:15p - 7:30p		
Racer	6:15p - 7:45p	6:15p - 7:45p	6:15p - 7:45p	6:15p - 7:45p	6:15p - 7:45p	
Elite	6:15p - 8:00p	6:15p - 8:00p	6:15p - 8:00p	6:15p - 8:00p	6:15p - 8:00p	

*Morning weights for Flashes 1 and Flashes 2 groups

**Morning swim for Flashes 1 and 11-14 Elite groups

Team Suits and Equipment

- Swimmers must wear a Flashes Aquatics team suit and team cap for all competitions.
- Suits & required equipment can be ordered through Elsmore Swim Shop located at 4705 E. 96th Street, Indianapolis, IN 46240 or online at <https://elsmoreswim.com/teams/indiana/clubs/ashes-aquatics.html> (If you are unsure of your swimmer's suit size, we recommend you visit the shop where your swimmer can try on suits).
- Team fees include 2 team caps.

All Swimmers are required to have the following:

- Swimsuits
 - Competition style for practice
 - Flashes Aquatics team suit for swim meets (REQUIRED)
- Swim Caps
 - Cap for practice
 - Team cap with Flashes Aquatics logo for swim meets (received with registration). If your swimmer needs an additional cap, the parent account is charged \$10 per cap.
- Goggles

All Swimmers are also required to have the following training equipment based on group level:

Group	Equipment				
Flashes					
Flashes 1	TYR Fins	TYR Snorkel	TYR Pull Buoy	Brick Board	Paddles TYR
Flashes 2	TYR Fins	TYR Snorkel	TYR Pull Buoy	Brick Board	Paddles TYR
11-14 Age Group					
Developmental	TYR Fins	TYR Pull Buoy	Paddles TYR		
Novice	TYR Fins	TYR Pull Buoy	Paddles TYR		
Racer	TYR Fins	TYR Snorkel	TYR Pull Buoy	Paddles TYR	
Elite	TYR Fins	TYR Snorkel	TYR Pull Buoy	Paddles TYR	
10&Under Age Group					
Developmental	TYR Fins				
Novice	TYR Fins				
Racer	TYR Fins	TYR Pull Buoy	Paddles TYR		
Elite	TYR Finz	TYR Pull Buoy	Paddles TYR		

Volunteer Requirements

- Each family is required to fulfill one volunteer session at a home meet, or other duties as needed. Volunteer jobs include, but are not limited to, timing, concessions, tickets, hospitality, officiating, setup, etc.
- **Families who opt-out of volunteering will elect to pay a one-time fee of \$75 at the time of registration.**

Online Payments

- The Club requires all members to use credit/debit card to pay your monthly dues and other expenses (e.g., meet fees).
- Flashes Aquatics manages team membership, including payments to the club, through the Team Unify system. Team Unify runs accounts for each member family and all club charges are applied to these accounts as they are incurred.
- On the first of each billing month, Team Unify charges the balance of each member account to the credit card or bank account which has been set up in Team Unify's 'AutoPay' system.
- You will initially be setup to pay via credit/debit card. There are processing fees associated with payments.
- You can change your credit/debit card information in Team Unify.
- If your card fails to be charged at the beginning of the month, a late fee of \$20 will be assessed if the balance isn't paid by the 20th of the month.

Fall/Winter Meet Schedule

The meet schedule is subject to change based on availability and host team acceptance. In addition to the meets below, Flashes Aquatics plans to host intrasquad meets on a regular monthly basis.

Dates	Meet
September 25-26	Intra-squad meet @ Franklin Central HS
October 9 - 10	Riviera Fall Invite (RIV) @ IUPUI Natatorium
October 22 - 24	New Palestine Monster Splash (NPAC) @ New Palestine HS
November 5 - 7	Carmel Fall Frenzy (CSC) @ IUPUI Natatorium
November 19 - 21	Center Grove Jingle Bell Classic (CGAC) @ Center Grove HS
December 10 - 12	FRST Holiday Season Slam (Prelim Finals) @ Franklin Community HS
January 14 - 16	Fishers Mudstock Classic (Prelim Finals) @ Fishers HS
Others to be determined	

Required Documents

- All new swimmers are required to supply a copy of their birth certificate within one week of registration. Please email a clear copy to Lori Murray at lorimurray237@gmail.com
- Forms sent via FormStack and require signatures each year, copies of these documents can be found on the website when you are logged into your Team Unify account:
 - Flashes Aquatics Code of Conduct
 - Liability Release and Indemnification Waiver Form

FAQ's

1. Where does my swimmer go for practice?
Swimmers enter the pool deck from door 8W into the natatorium onto the pool deck. Each group has a designated meeting place for practice. Swimmers should be prepared for practice in their suits and their bags with them, and report to their coach.
2. Do I have to be a good swimmer to join the team?
Swimmers need to be able to swim freestyle and backstroke for 25 yards - the length of most indoor pools. Our Coaches teach all four strokes. If you cannot swim the minimum, our lesson program will teach you how and you can move to the team when you are ready.

3. What is Short Course and Long Course?

Short Course and Long Course refer to the length of the swimming pool used in competitions. From September to the middle of March is Short Course season. Competitions are held in 25-yard pools and races are measured in Short Course Yards (SCY). Long Course season runs from mid-April through mid-to-late July. Long Course competitions are held in 50-meter pools and races are measured in Long Course Meters (LCM). Flashes Aquatics practices at the Franklin Central High School Natatorium, which has a Short Course pool. In the summer, some of the group's train at the Ransburg YMCA (which is close to a Long Course pool.)

4. Are meets held every weekend?

No and it is up to you how many meets you enter based on your schedule. Usually, swimmers can compete one or two weekends a month in age-appropriate settings suited to their competitive level.

5. Is there travel involved?

Most of our meets are in the Indianapolis/Central Indiana area or at our home pool.

6. Should my swimmer participate in all practices?

Practices are not mandatory, so your swimmer should attend the number of practices that fits best into your family's schedule. However, the more practices a swimmer attends, the more proficient they become. Your swimmer will get to know teammates better, gain endurance, and have more opportunities to focus on stroke, turn, and start technique if they consistently make practices.

7. Can I attend practices as a parent?

- We encourage parents/guardians of younger/newer swimmers to stay and observe practice from the spectator seating area.
- Parents are not allowed on the pool deck for liability and safety reasons.
- Parents and non-swimmer siblings are not allowed in the locker rooms at any time.

8. When should my swimmer be dropped off and picked up from practice?

- Swimmers should be dropped off for practice no more than 15 minutes before their scheduled time.
- At the conclusion of each practice, the coaches are no longer responsible for the safety of your children. We ask that all athletes be picked up at the conclusion of their practice and are not left waiting around the building unsupervised. Athletes that are left unsupervised may be subject to fine and/or suspension from the team.

9. When should I ask my swimmer's Coach a question?

Please do not talk to your swimmer's coach during practice. Swimmers need to pay attention to the coach's instructions. Coaches can be available after practice or via email.

10. What are Championship meets and does my swimmer qualify?

During the season, swimmers are working to qualify for end of season Short Course and Long Course Championship meets. The two main Championship meets those swimmers qualify for are the Divisional meet and/or State (Age Group or Senior) meets. Qualifying times are set each year by Indiana Swimming and get more difficult to achieve as swimmers age up. Qualifying times are grouped by 10 and under, 11-12, 13-14 and 15 and over. Most recent time standards can be found on the Indiana Swimming Time Standards website. It is helpful for young swimmers to look at the cuts for Divisional times as a first major goal. More elite swimmers can move on to qualify for Zones, Speedo Sectional, Jr. National or Olympic Trial events.

Flashes Aquatics strives to provide all swimmers and parents with the information and skills to succeed in swimming. If you have additional questions, please feel free to reach out to us so that we can ensure a successful season for your swimmer.